

Porter Lakes Elementary School

2024-2025 CYCLE MENU

Student Breakfast= \$2.00 Reduced Breakfast= \$0.30 Extra Milk= .75

Student Lunch= \$3.00 Reduced Lunch= .40

Adult Breakfast= \$2.75 Adult Lunch= \$4.75

HEALTHY FRUIT, VEGETABLE & MILK CHOICES SERVED DAILY

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Orange Week</u></p> <p>Bosco / Marina Fresh Garden Bar Roasted Chick Peas Seasonal Fruit Milk</p>	<p>Pancake Bites Breakfast Sausage Hash Brown Potato Assorted Veggie Juice Seasonal Fruit Milk</p>	<p>Baked Chicken Nuggets Mashed Potatoes/ Gravy Dinner Roll Broccoli Seasonal Fruit Milk</p>	<p>Jumbo Cheese Ravioli Dinner Roll Fresh Garden Bar Seasonal Fruit Milk</p>	<p>Cheese or Pepperoni Pizza Fresh Garden Bar Roasted Chick Peas Seasonal Fruit Milk</p>
<p><u>Green Week</u></p> <p>Breaded Chicken Leg Baked Beans Dinner Roll Fresh Garden Bar Seasonal Fruit Milk</p>	<p>Cheese Quesadilla Carnitas Quesadilla Black Beans Salsa, lettuce, sour cream, Seasonal Fruit Milk</p>	<p>Baked Chicken Tenders Potato Wedges Corn Fresh Carrots & Celery Seasonal Fruit Milk</p>	<p>Hog Dog/bun Baked French Fries Fresh Carrots & Celery Seasonal Fruit Milk</p>	<p>Hamburger or Cheeseburger Baked French Fries Fresh Garden Bar Seasonal Fruit Milk</p>
<p><u>Blue Week</u></p> <p>Creamy Mac-N-Cheese Broccoli Fresh Garden Bar Seasonal Fruit Milk</p>	<p>French Toast Sticks Hash Breakfast Sausage Brown Potato Assorted Veggie Juice Seasonal Fruit Milk</p>	<p>Baked Chicken Nuggets Mashed Potatoes/ Gravy Dinner Roll Broccoli Seasonal Fruit Milk</p>	<p>BBQ Pulled Pork Sliders Baked French Fries Baked Beans Seasonal Fruit Milk</p>	<p>Cheese or Pepperoni Pizza Fresh Garden Bar Roasted Chick Peas Seasonal Fruit Milk</p>
<p><u>Red Week</u></p> <p>Pizza Crunchers Fresh Garden Bar Seasonal Fruit Milk</p>	<p>Beef or Carnitas Tacos Black Beans Salsa, lettuce, sour cream, Seasonal Fruit Milk</p>	<p>Baked Chicken Tenders Potato Wedges Corn Fresh Carrots & Celery Seasonal Fruit Milk</p>	<p>Stir-Fri-Day Oriental Chicken Rice Peas/Carrots Fortune Cookie Seasonal Fruit Milk</p>	<p>Mini Comdogs Seasoned Green Beans Fresh Garden Bar Seasonal Fruit Milk</p>

FOOD SERVICE OFFICE:
Director
Tonia Batesole
260 S. 500 W.
Valparaiso, IN
46385

306-8600
Ext. 2141

PLE Café:
Carrie Saroukos
Manager

306-8076
Ext. 5201



Good Habits Each Day

5 or more fruits or veggies

2 hours or less of TV

1-hour exercise

0 sugary drinks

EAT SMART, MOVE MORE

January 2025						
Su	M	Tu	W	Th	Fri	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2025						
Su	M	Tu	W	Th	Fri	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

START SMART BY FUELING YOUR MIND

Breakfast Menu

(1) Entrée Choice, (1c.) Fruit (1) Fat Free Milk

Monday: Biscuit w/ Gravy or Waffle Graham

Tuesday: Breakfast Pizza or Donut Pull apart

Wednesday: Bagel/Cream Cheese or Parfait

Thursday: Pancake Wrap or Mini Pancakes

Friday: Breakfast Sandwich or Cini. Mini

March 2025						
Su	M	Tu	W	Th	Fri	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/30	24/31	25	26	27	28	29

April 2025						
Su	M	Tu	W	Th	Fri	Sa
	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

May 2025						
Su	M	Tu	W	Th	Fri	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

This institute is an equal opportunity provider and employer. All menus on line at www.ptsc.k12.in.us
Menu is subject to change without notice due to price and availability of food. Holiday and Special events menus will be added respectfully.